


# ManaEZ Ankle 71

MD

## INSTRUCTIONS FOR USE

### Adjustable Ankle Brace

DESCRIPTION OF SYMBOLS

 Medical Device

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

#### DESCRIPTION:

The ManaEZ Ankle 71 is an ankle orthosis designed to provide multiligamentous support. Rigid panels provide strength and support. Adjustable straps and laces for a secure fit. Hinged to allow for unrestricted ankle movement. Lightweight, breathable and comfortable.

#### INDICATIONS:

- Chronic and/or lateral ankle instability
- Degenerative Joint Disease
- Post-fracture care
- Acute ankle sprain
- Tendinitis of ankle
- Osteoarthritis
- Effusion of joint, ankle and foot
- Support for chronic instability following rehabilitation

#### WARNING:

This product should be provided by a medical specialist and instructions for use should be given by a trained professional. Application should be done with great care to ensure correct fit and efficiency. This product is to be used over athletic socks. For hygiene reasons, it is proposed to be used by a single patient. In exceptional cases of very sensitive patients, irritation may occur. In this case, please contact your Doctor. Check the condition of the product before use. If it is worn, it needs replacement.

#### APPLICATION:



Step 1: Loosen top straps.

Step 2. Place foot in brace.

Step 3. Secure top straps to desired comfort level. Do not over tighten.

Step 4. Tighten laces for a secure and snug fit. Do not over tighten.

#### POSTERIOR PANEL APPLICATION:

Step 1: The extender panel can be attached for additional support. Feed the cuff through the slots on the panel and reattach to the cuff.

#### WASHING INSTRUCTIONS:

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

#### SYMBOL GLOSSARY:

For an explanation of symbols, refer to <https://www.manamed.com/glossary/symbol-glossary.pdf>

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