

# ManaEZ<sup>®</sup> Ice Wrap Hip

Compression Cold Hip Wrap



## INSTRUCTIONS FOR USE

### DESCRIPTION OF SYMBOLS

Medical Device

### INDICATIONS FOR USE

Post-surgery                      Hip Instability  
Arthritis                              Conservative Care of Hip Injuries

### FEATURES AND BENEFITS

Removeable ice pack              Easy application              Fast relief  
Flexible while frozen              Latex free                      Universal size

### PRODUCT DESCRIPTION

The ManaEZ Ice Wrap Hip is ideal for hip and buttock muscle damage, hip surgeries, and instability of the hip. The wrap includes a flexible ice pack for pain and swelling. It can be used for cold and heat therapy. The Mana EZ Ice Wrap Hip is ideal for quick pain relief.

### GENERAL SAFETY INSTRUCTIONS / WARNINGS AND PRECAUTIONS

Strong supervision when using with children and geriatric patients. Always use a barrier.

### CONTRAINDICATIONS

Vasopastic diseases, cold allergy, cold hypersensitivity, previous cold injury, or any compromised local circulation, decreased skin sensitivity, paroxysmal cold hemoglobinuria, and cryoglobulinemia.

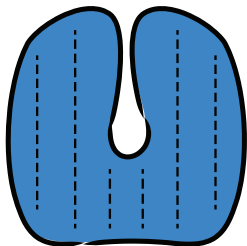
### CLEANING AND CARE

Hand wash with mild detergent and let air dry. Do not machine wash or dry.

### SYMBOL GLOSSARY

For an explanation of symbols, please refer to [www.manamed.com/glossary/symbol-glossary.pdf](http://www.manamed.com/glossary/symbol-glossary.pdf)

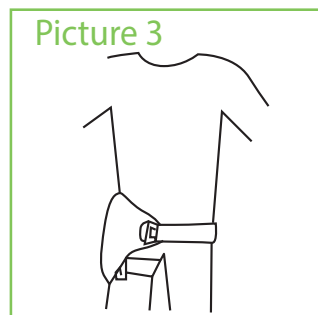
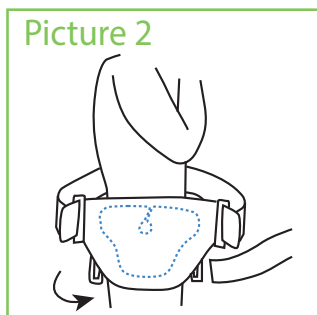
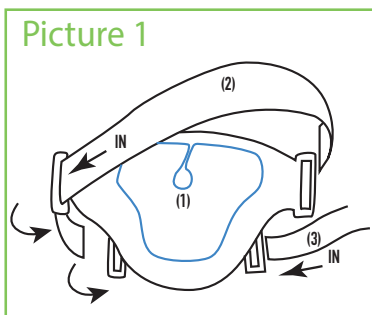
### FITTING INSTRUCTIONS



The ManaEZ Ice Wrap Hip ice pack can be stored in the freezer for immediate use. Provides pain relief and promotes faster recovery.



The ice pack may also be heated in a microwave or hot water for heat therapy. Simply warm to desired heat for pain relief for sore joints.



1. Check packaging for (1) gel pack (2) top strap (3) bottom strap (See Picture 1).
2. Refrigerate gel pack at least 2 hours before usage.
3. Put gel pack on the compressor after refrigeration.
4. For Right (or Left) Hip, place the Hip support against your Right (or Left) Hip then hold in place while continuing.
5. Pull top strap through the buckles at top (from "IN" to "OUT") and adjust the strap to fit your waist (Right or Left) then attach the hook. (see Picture 2 and Picture 3).
6. Pull bottom strap through the buckles at bottom (from "IN" to "OUT") and adjust the strap to fit your thigh (Right or Left) then attach the hook. (see Picture 2 and Picture 3).
7. Secure and fasten straps. Then adjust straps for comfort.



**MANAMED**  
ManaMed, LLC  
2612 Sirius Dr.  
Denton, TX 76208  
Ph: 888-508-0712  
[www.ManaMed.com](http://www.ManaMed.com)

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