

ManaEZ Ankle 06

MD

INSTRUCTIONS FOR USE

Adjustable Hinged Ankle Brace

DESCRIPTION OF SYMBOLS

 Medical Device

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

DESCRIPTION:

The ManaEZ Ankle 06 is an ankle orthosis designed to provide multiligamentous support. The addition of a plastic hinged stirrup with footplate and figure 8 strapping will support inversion and eversion while allowing normal gait. Three zone speed lacer design allows user to customize the support around the ankle. It also make application and removal easy and fast.

INDICATIONS:

Indications: Ideal for providing support to the ankle after strains and sprains. It is also used as a prophylactic support to reduce the occurrence of ankle injuries

APPLICATION:

1. Loosen all laces and unfasten all the straps.
2. Place foot fully into the ankle support so that the top of the foot and the heel is fully in the heel opening.
3. Pull the speed lacer to tighten the laces. Pull the lacer to the desired tension and secure the tab to the gauntlet. Start at the toes and finish with upper ankle section.
4. Apply hinge assembly by aligning the hinge with the ankle bones then secure uprights with hook and loop. The uprights should go up the center of the leg.
5. Wrap the inner strap in a figure 8 strap across the top of the foot, under the heel and fasten snugly to medial side of ankle.
6. Wrap outer straps in a figure 8 strap across the top of the foot, under the heel and fasten snugly to lateral side of ankle.
7. Use the finger pull loops to adjust tension on the straps, then secure hook and loop. Fasten the elastic strap around the ankle covering the laces and the ends of the straps.
8. If you need to adjust during activity, loosen the elastic strap and use the finger pull loops to adjust tension on the straps. Then refasten the elastic strap.

WARNING:

This product should be provided by a medical specialist and instructions for use should be given by a trained professional. Application should be done with great care to ensure correct fit and efficiency. This product is to be used over athletic socks. For hygiene reasons, it is proposed to be used by a single patient.

In exceptional cases of very sensitive patients, irritation may occur. In this case, please contact your Doctor.

Check the condition of the product before use. If it is worn, it needs replacement.

Recommended product use up to 2 years.

WASHING INSTRUCTIONS:

1. Hand wash with cold water. Use a soft detergent. Do not use bleach.
2. Allow to air dry on its own. Do not wash in a washing machine or dry it in a tumble dryer.

SYMBOL GLOSSARY:

For an explanation of symbols, refer to <https://www.manamed.com/glossary/symbol-glossary.pdf>



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