

ManaMomma[®] Maternity Back Brace

INSTRUCTIONS FOR USE

DESCRIPTION OF SYMBOLS
MD Medical Device

READ THIS INFORMATION PRIOR TO INSTRUCTION STEPS ON REVERSE

REQUIRED COMPONENTS

Back brace, ice pack.

PRODUCT DESCRIPTION

ManaMomma is a universal spinal orthosis designed to provide support to patients with the pendulous abdomen. It provides a rigid, comfortable, and easy-to-apply solution for every patient.

INDICATIONS FOR USE

For non-surgical or postoperative support and immobilization of the injured spine.

GENERAL SAFETY INSTRUCTIONS / WARNINGS AND PRECAUTIONS

Read these instructions carefully before use. Keep them for future reference. Any serious incident in relation to the device must be reported to the manufacturer and relevant authorities. The patient should stop using the device and contact a healthcare professional:

- If there is a change or loss in device functionality, or if the device shows signs of damage or wear hindering its normal functions.
- If any pain, skin irritation, or unusual reaction occurs with the use of device.
- The device is for single patient, multiple use.
- This device is a supportive brace only and is not intended or guaranteed to prevent injury.
- Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.
- If you do not agree to the above conditions, contact your health care provider before using this product.

LIABILITY

Manamed does not assume liability for the following:

- Device not maintained as instructed by the Instructions For Use.
- Device assembled with components from other manufacturers.
- Device used outside of recommended use condition, application, or environment.
- Manamed accepts no responsibility for any injury which might occur while using Manamed products.

CLEANING AND CARE

The ManaMomma may be cleaned by hand using a mild soap and warm water. Hang to dry. Do not place in washing machine or dryer.

DISPOSAL

The device and packaging must be disposed of in accordance with respective local or national environmental regulations.

SYMBOLS GLOSSARY

For an explanation of symbols, please refer to www.manamed.com/glossary/symbol-glossary.pdf

ManaMomma can be adjusted from 25" to 68". ManaMomma comes with a main panel and four adjustable hook and loop straps. Simply place the ManaMomma on a table with the inside facing up.

When using each matching number, the waist is measured as the following:

S & S	=	25" - 32" waist
M & M	=	32" - 38" waist
L & L	=	38" - 44" waist
XL & XL	=	44" - 50" waist
2XL & 2XL	=	50" - 56" waist
3XL & 3XL	=	56" - 62" waist
4XL & 4XL	=	62" - 68" waist



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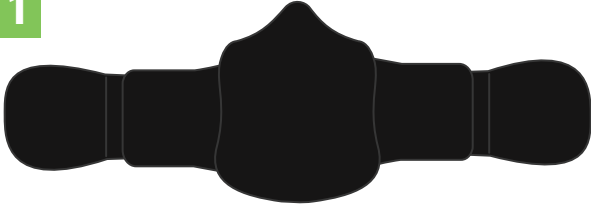
ManaMomma[®] Maternity Back Brace

INSTRUCTIONS FOR USE

READ INFORMATION ON REVERSE PRIOR TO THESE INSTRUCTION STEPS

ASSEMBLY/FITTING INSTRUCTIONS

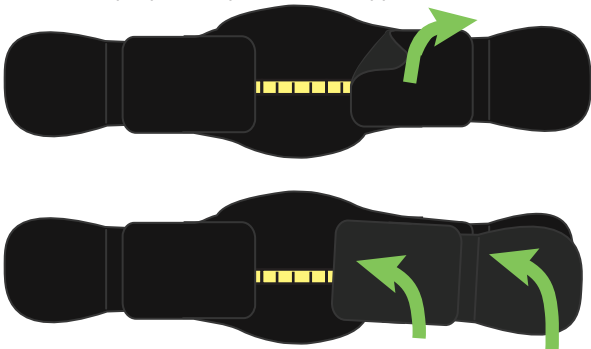
1 Place the ManaMomma back brace on a table with the inside facing up.



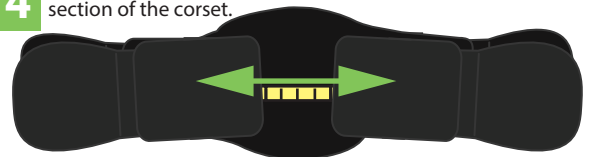
2 Remove the back panel to get access to corset attachments.



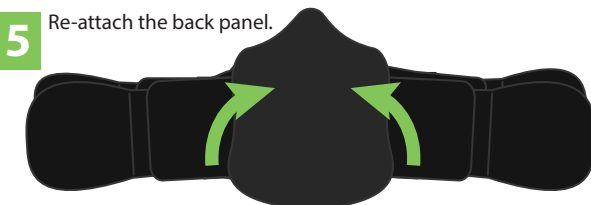
3 Adjust the corset size by disconnecting the hook and loop on one side and move the corset section to the new location. Attach hook and loop repeat the process to the opposite side.



4 When completed the sections should be equal distance on the center section of the corset.



5 Re-attach the back panel.



6 Put brace around your waist and secure the front panels with hook and loop attachment.



7 Position side panels and secure with hook and loop.



8 Place strap anchors in desired position. Do not cross over corset closure.



9 Pull strap to desired tension and secure tab. If straps are too long remove tab and cut strap to desired length. Reapply tab.



ICE PACK INSTRUCTIONS: THIS CAN HOOK & LOOP INTO THE BRACE



Place ice pack into the freezer for at least 4 hours before using. Place the ice pack into pouch and seal shut. Apply to affected area. Remove pack if it becomes uncomfortable. Always follow your healthcare professional's or physician's specific treatment instructions.

Caution! Please read carefully prior to product use: Always follow your health care professionals specific treatment instructions. Never apply ice pack(s) directly to skin. Use of an additional protective barrier such as a cloth towel is recommended to protect against frostbite to the affected area. In the unlikely event there is exposure to the eyes, immediately flush with water and consult with a healthcare professional as a precaution. If ice pack is punctured, dispose of it and reorder a replacement to continue treatment.