## **@F** Nutrition

## **CF (COLONOSCOPY KIT)**<sup>®</sup> EVERYTHING YOU NEED FOR YOUR COLONOSCOPY

Proper colonoscopy prep is (finally!) within reach. The CF(Colonoscopy Kit)<sup>®</sup> delivers everything you need for a smoother, safer, more successful prep experience.

Your CF Colonoscopy Kit® contains:

Two 32 oz bottles of CF(Rehydrate)<sup>®</sup> One 8.3 oz (238g) container of laxative powder

CF(Rehydrate)® is certified: Vegan, Kosher, Halal, & Gluten Free



Drinking Instructions

\* These instructions are just one common method of colonoscopy prep. Always ask your doctor for specific instructions before starting your colonoscopy prep – everyone is different.

- In a large pitcher, add 238g (1 container) of laxative powder to 64 oz (2 bottles) of CF(Rehydrate)<sup>®</sup>. Mix thoroughly until the powder is completely dissolved.
- 2 Refrigerate at least 1 hour.
- (3) At 8 p.m. the evening before your colonoscopy, start drinking the CF(Rehydrate)<sup>®</sup> /laxative solution. Drink one 8 oz glass every 15 minutes over a 2 hour period until completed.

For additional support, please visit: drinkcf.com/support-colonoscopy-kit/ Or contact us at:

support@drinkcf.com 858.649.1070

## **@F** Nutrition

## **CF (REHYDRATE)**<sup>®</sup> THE BRAND YOU TRUST, THE SUPPORT YOU NEED

If your prep is in liquid form (or if your doctor has instructed you to dissolve your colonoscopy prep powder in water), try adding natural CF(Rehydrate)<sup>®</sup> as a "chaser" during your prep for a more comfortable colonoscopy prep experience.



Drinking Instructions

\*Always consult with and follow your doctor's prescribed colonoscopy prep.

- "Chase" each sip of colonoscopy prep solution prescribed by your physician with 1-2 sips of CF(Rehydrate)<sup>®</sup>.
- (2) Drink any remaining contents of CF(Rehydrate)<sup>®</sup> up to two hours prior to your procedure.

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support@drinkcf.com 858.649.1070